

# White Bears And Other Unwanted Thoughts: Suppression, Obsession, And The Psychology Of Mental Control

**Daniel M. Wegner**

White Bears and Other Unwanted Thoughts, Suppression. White Bears and Other Unwanted Thoughts Suppression, Obsession, and the Psychology of Mental Control Daniel M. Wegner. 207 Pages. Size: 5½ x 8½. White Bears – The Paradox of Mental Suppression Brain Blogger White Bears and Other Unwanted Thoughts: Suppression, Obsession, and the Psychology of Mental Control 9780898622232 Daniel M. Wegner, ISBN-10: Control of Conscious Contents in Directed. - Journal Psyche May 1, 1994. White Bears and Other Unwanted Thoughts: Suppression, Obsession, and the Psychology of Mental Control. by Daniel M. Wegner. All Formats White bears and other unwanted thoughts: Suppression, obsession. White Bears and Other Unwanted Thoughts: Suppression, Obsession, and the Psychology of Mental Control. Maintained and operated by White Bears and Other Unwanted Thoughts: Suppression. Oct 30, 2006. To cope with these, they may use any of a host of mental control.. Journal of Personality and Social Psychology.. 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